

November

2018

| S | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT |
|----|--|--|---|--|--|-----|
| 28 | 29 | 30 | 31 | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| | CHICKEN/BEEF / VEGGIE BURGERS | DIVALI | VEGE PELAU/ CHICKEN PELAU | POTATO SALAD AND ROTISSERIE CHICKEN | CHICKEN/TURKEY/ VEGE SUBS/ | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| | CHICKEN ROTI/ POTATO ROTI/ CHICKEN/BEEF / VEGGIE BURGERS | SPAGHETTI SAUTED WITH CARROTS AND CHICKEN MEATBALLS/VEGE RALLI S | DHAL/RICE/CURRY DUCK /CURRY CHICKEN/BHAJI/ SALAD | CHICKEN SOUP/VEGE SOUP /CHICKEN ROTI/POTATO ROTI | CHICKEN/VEGGIE TACOS | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | NOODLES/SWEET N SOUR CHICKEN/ MUSHROOMS CHICKEN ROTI/ POTATO ROTI | MIXED VEGETABLES WITH/WITHOUT CHICKEN | SPICY POTATO WEDGES/CHICKEN NUGGETS/BATTERED SWEET CORN NUGGETS | BUSS-UP-SHOT/ CURRY CHICKEN/ MANGO/CHANNAN ALOO/SOYA | MACARONI PIE/ BAKE CHICKEN/RED BEANS/SALAD | |
| 25 | 26 | 27 | 28 | 29 | 30 | 1 |
| | CHEESY MACARONI/STEW CHICKEN/STEW CAULIFLOWER/ CHICKEN ROTI/ POTATO ROTI/ | CHICKEN CRUNCHER/VEGE SANDWICH | RICE/STEW PIGEON PEAS/STEW CHICKEN/SALAD | MASHED POTATO WITH SOUR CREAM AND GRILLED CHICKEN/VEGGIE NUGGETS | CHICKEN/VEGE PIZZA | |