

# October

2018

S	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
30	<b>1</b> CHICKEN ROTI/ POTATO ROTI/ CHICKEN/BEEF /VEGE BURGERS	<b>2</b> CHICKEN PELAU/VEGE PELAU/SALAD/ CHICKEN AND BEEF BURGERS	<b>3</b> ALFREDO PASTA/CHICKEN AND BEEF BURGERS	<b>4</b> BUSS-UP-SHOT/CHANNA & ALOO/PUMPKIN/MANGO/ CURRY CHICKEN	<b>5</b> ZINGER SANDWICH/ VEGE SANDWICH/ CHICKEN ROTI/POTATO ROTI	<b>6</b>
<b>7</b>	<b>8</b> SPAGETTI SAUTED WITH VEGIES TOPPED WITH CHEESE CHICKEN ROTI/POTATO ROTI	<b>9</b> DUMPLIN/CURRY CHICKEN/ SALAD/CHICKEN ROTI/ POTATO ROTI	<b>10</b> FRY CHICKEN AND FRIES/ VEGE NUGGETS AND FRIES	<b>11</b> RICE/RED BEAN/STEW CHICKEN/CHICKEN ROTI/ POTATO/ROTI	<b>12</b> CORN SOUP/ CHICKEN ROTI/POTATO ROTI	<b>13</b>
<b>14</b>	<b>15</b> NOODLES/SWEET N SOUR CHICKEN/SWEET N SOUR MUSHROOMS	<b>16</b> RICE/CALALOO/SALAD/ STEW CHICKEN/CHICKEN ROTI/POTATO ROTI/	<b>17</b> BBQ CHICKEN/POTATO SALAD/FRIED RICE/SAUTED VEGETABLES	<b>18</b> CHICKEN/TURKEY/VEGE SUBS/CHICKEN ROTI/ POTATO ROTI	<b>19</b> BUSS-UP-SHOT/CHANNA & ALOO/PUMPKIN/MANGO/ CURRY CHICKEN	<b>20</b>
<b>21</b>	<b>22</b> DHAL/RICE/CURRY GOAT/CURRY CHICKEN/ALOO CHOKA/SALAD	<b>23</b> BAKE N FRY CHICKEN/VEGE NUGGETS/CHICKEN/BEEF / VEGE BURGERS	<b>24</b> MASHED POTATO WITH SOUR CREAM AND BUFFALO WINGS/VEGE NUGGETS	<b>25</b> CHICKEN ROTI/POTATO ROTI/CHICKEN/BEEF /VEGE BURGERS	<b>26</b> <b>SPEECH DAY</b>	<b>27</b>
<b>28</b>	<b>29</b> CHICKEN/TURKEY/ VEGE SUBS/CHICKEN ROTI/POTATO ROTI	<b>30</b> FRIED RICE/CHOW MEIN/ CHINESE STYLE CHICKEN/	<b>31</b> FRY CHICKEN AND FRIES/ VEGE NUGGETS AND FRIES	<b>1</b> MACARONI SALAD/STEW CHICKEN/STEW CAULIFLOWER/CHICKEN ROTI/POTATO ROTI/	<b>2</b> CHICKEN PIZZA/VEGE PIZZA/	<b>3</b>